

# ABOUT CANAVUA



CANAVUA (Canadian Volunteers United in Action - *Association des volontaires unis dans l'action au Canada*) :

- is a bilingual (French-English) non-profit organization whose mission is to **promote and enhance volunteering** in Edmonton's francophone community;
- **recruits trains and dispatches volunteers** to serve in events throughout the year in our city;
- works with other non-profit organizations to recruit volunteers for their community events;
- also involves volunteers in programs (**weekly food bank, monthly driver training course, Health Navigator medical transportation and French-English interpretation program, Meals by Bus distribution service and Moving Crew**)

## CANAVUA

128, 8627 rue Marie-Anne Gaboury  
(91st Street) NW

Edmonton, AB T6C 3N1

Phone: 780-729-1709

[info@canavua.org](mailto:info@canavua.org)

[www.canavua.org/english](http://www.canavua.org/english)



## CANADIAN VOLUNTEERS UNITED IN ACTION

*VOLONTAIRES UNIS DANS  
L'ACTION AU CANADA*

TIME TO VOLUNTEER!

COMMUNITY VOLUNTEERING

DRIVER TRAINING COURSE

WEEKLY FOOD BANK

STUDENT VOLUNTEERING

PHONE: 780-729-1709

- for over 10 years, works at the forefront of Edmonton's **newcomer settlement and integration** sector
- helps newcomers integrate through its other programs and services described in this brochure

*If you wish to volunteer with us or benefit from our many programs and services, please get in touch today!*

## OUR PROGRAMS

### 1. VOLUNTEERING

CANAVUA recruits volunteers for partnering non-profit organizations in Edmonton's English and French-speaking communities. We notify volunteers of upcoming opportunities every month via email. To subscribe to CANAVUA's volunteer mailing list, please visit [www.canavua.org/inscription](http://www.canavua.org/inscription). You may unsubscribe at any time.

### 2. WEEKLY FOOD BANK

We are partnering with the *Edmonton's Food Bank* to offer alimentary assistance to families and individuals in need every Wednesday from 1:00 pm to 5:00 pm. Our clients are entitled to receive food assistance once a month. To register, please visit our office at *La Cité Francophone*.

### 3. DRIVER TRAINING COURSE

CANAVUA:

- offers, one Saturday per month for 6 hours (from 8 :00 am to 2:00 pm), a driver training class in French to prepare to write the Class 7 (learner's licence) exam in Alberta. After reviewing the material to be tested, students accompanied by a team of volunteer drivers go to a local registry office (Registrations Are Us by Mayfield Road). To register, please visit [www.canavua.org/cours](http://www.canavua.org/cours)
- Refers students to qualified and bilingual instructors. Wishing to upgrade a learner's licence, please visit: [www.canavua.org/classe5](http://www.canavua.org/classe5).

### 4. HEALTH NAVIGATOR

Medical appointments can be stressful, especially if you lack a reliable means of transportation or if English isn't your first language. This program offers two different services:

- Transportation to and from medical appointments in the Greater Edmonton Area
- French-English, real-time interpretation at medical appointments. This service is indispensable for French-speaking patients who need to communicate with English-speaking doctors.

Our volunteer interpreters are professionally trained highly knowledgeable in medical terminology and, always respect patient confidentiality. This service is offered free of charge.

### 5. MOVING CREW

Anyone who has moved knows it's a lot of work! Through the *Moving Crew*, CANAVUA offers a team of up to 3 volunteers who help families and individuals move between houses in the Edmonton area for up to 3 hours at a time.

### 6. PROTOCOL CREW

This is really the essence of CANAVUA. Our volunteers are recruited by other organizations in Edmonton to carry out volunteer missions throughout the city.

### 7. NEWCOMER SETTLEMENT & INTEGRATION

CANAVUA works tirelessly to facilitate the integration of newcomers to Canada. Through glowing letters of reference for volunteers to referrals to partnering organizations working in the same sector, CANAVUA is ready to help recent immigrants to Canada integrate successfully into our community.